

THE BARONY OF PONTE ALTO NEWSLETTER

# IL TEMPO

VOLUME 23 ISSUE 5

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Courtesy copies of *Il Tempo* are provided to Their Majesties of Atlantia, Their Highnesses, Kingdom Chronicler, the Kingdom Seneschal, the Kingdom Historian and the SCA Archivist in either electronic or paper format as requested. All Chroniclers in the Kingdom are invited to peruse the electronic version posted on the Baronial website.

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## IL TEMPO

Welcome to *Il Tempo* (The Times), the Newsletter of the Barony of Ponte Alto, one of the northern baronies in the Kingdom of Atlantia.

*Il Tempo* strives to be an informative read that you look forward to. To this end, we are always appreciative of any contributions to it; perhaps an article of a project you are working on or are interested in, how to make or play a period game, your experience at an event, how/what to prepare for a day trip, a recipe/piece of garb that you've made, documentation on an item you've competed, a how-to on documentation, a few words on a historical person/event, photos, a book review, something to share with a newcomer; perhaps a short autobiography of your persona or how you came to figure out your persona. The list can go on for ages and is only limited by the speed at which our hands can write what our minds think.

Come, share with us adventures in the great Barony of Ponte Alto, in the grand Kingdom of Atlantia, in this - the Current Middle Ages!

## News / Announcements

### May Newcomer's Meeting

When: Friday, May 9th

Time: 7:00 p.m.—until?

Hostess: Lady Sophia van der Werken (Liz Monroe-Teopaco)

Address: 3531 Country Hill Drive, Fairfax, VA

Allergy Alert: small dog; please medicate as necessary

As always Newcomer's meetings are open to everyone old or new. Come hang out, talk, meet new people. Bring a project to work on. Sophia is a member of the Cooks Guild and have medieval cookbooks available for everyone to look through. If you have any questions or need more information please contact Lady Caitilin Irruis inghean ui Riada, Seneschal (703) 786-6739.



### Sewing Circle

Ponte Alto's Sewing Circle will meet on May 15 at 7:00 at my house in Chantilly, unless someone else would prefer to host. Contact me at [gweny-dryw@gmail.com](mailto:gweny-dryw@gmail.com) or 703-304-3303 for directions.

~ Gwenhwyvar verch Lewis  
Deputy MoAS, Ponte Alto

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## News/Announcements (continued)

### Check for Weekly Events

Spring is here... and with Spring comes rain and sometimes high winds. Please check to see if weekly events are canceled or moved indoors if the weather is bad. Check the Barony's email list, Facebook page or contact the appropriate officer (see Regnum or Weekly Events) to check on practices and gatherings.



### Tidbits from the (Nice!) Troll Under the Bridge Column

For about the past year, I have been writing a column about the goings on in Ponte Alto. With my kids getting into more extracurricular activities with Saturday commitments, I'm not able to attend events and pick up the funny stories. If anyone else is interested in taking this on, please contact me. (The Troll might make an appearance every once in a while.)

~ Theresa O Cahir



### St. Paddy's Day Blood Bath Do-Over!

Since the March event was cancelled due to snow, we've moved it to July 19th!! More information will follow in upcoming issues of *Il Tempo*!!



### Device-of-the-Month

This month, I'm starting a new feature in *Il Tempo*. Somewhere in the newsletter, I'll feature a Pontoon's device with their SCA name and the heraldic description of that device. If your device isn't included on the Atlantian OOP, please submit it. That is where I will pull devices and descriptions from. Or, you can email me a .jpg file of the device.

~ Theresa O Cahir



## Songs in Period

By Mistress Celia Rosedale

[Editor's Note: This article is from a past A&S entry by Mistress Celia.]

The oldest specimens of written music appear to date to the 11th and 12th centuries. The text were mostly written in Latin, including the text of secular music. Examples of written music also are left from the era of troubadours, minstrels and Minnesingers who flourished in the 10th to 14th century. The troubadours had a focus on poetry rather than the music. And, many of them wrote the music more as an afterthought or used the “latest” tune of the day. Some troubadours did write their own music and most performed on their own, but when they did not perform their own, they would entrust the song to a minstrel, who usually learned the song by rote and may have modified it to suit themselves. This may account for differences noted in versions of the same songs.

English secular music appears to come into its golden age later than that of continental Europe. Madrigals from Italy translated into English seemed to stimulate a period of English madrigal composition in the late 16th century. Leading figures in composition of the time were Thomas Morley, Thomas Weelkes, and John Wilbye. As the composition of madrigals declined in the later part of the early 1600s, broadside ballads and solo son with Lute (Lute songs) began to show prevalence. Leading composers of The Lute songs include Thomas Campion and John Dowland.

The medieval ballad appears in English in the 13th and 14th centuries. It is generally believed that early ballads were stories or narrative poems written to fit pre-existing music. Probably similar to our practice of filk. Surviving ballads of the Renaissance often share their tunes with dances. The broadside ballads began making an appearance in the late 1500s. Unlike earlier ballads usually passed on orally, these were printed sheets—most often just words of the song and “sung to the tune of...” These were usually sold in city streets and were considered inexpensive and disposable.

Many of our examples of later period ballads come from two famous collections known as the Roxburghe and the Pepys collection. Another popular source of ballad and instrumental music, “The English Dancing Master”, was published by John Playford in 1651. While all these collections were begun just after “our period”, it is generally believed that many of these songs and ballads were old before they were printed. Different sources have documented references to many of the songs predating publication by as much as 100 years.

*(continued on next page)*



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## Songs in Period (continued)

### References

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- Ratcliff, Stephen, "Campion on Song", Routledge & Kegan Paul, Boston and London.
- Hendricks, Stephen, "First Book of Ballads and Songs"
- Hendricks, Stephen, "Second Book of Ballads and Songs"
- Hendricks, Stephen, the "English Dancing Master", originally published by John Playford.
- Hoppin, Richard (editor), "Anthology of Medieval Music", W.W. Morton and Co., New York, 1978.
- Sharp, Cecil, "One hundred English Folksongs", Dover ed., New York, 1975
- Dearmer, P., Willams, R.D., and Shaw, M., "The Oxford Book of Carols", Oxford, London, 1964.
- Gundry, Roxana, "The English Ballad", Mel Bay Music, 1997.

### Internet Sources

*(URLs have been updated)*

<http://www.shipbrook.net/jeff/>

<http://www.bodleian.ox.ac.uk/bodley> (Bodleian Library database)

[http://www.students.washington.edu/jbfisher/ballad\\_pages/collect.html](http://www.students.washington.edu/jbfisher/ballad_pages/collect.html) [URL no longer valid]

<http://sca.uwaterloo.ca/Hendricks/> (site contains printable music)

<http://www.mudcat.org/threads.cfm#top> (links to tunes)

<http://www.pbm.com/~lindahl/ballads/> (The 16th Century Ballad Project)



Woman playing the Nyckelharpa. Photo from iStock-photo.com; used with permission.



# Regnum

## Baron and Baroness

Barone Drogo Rainulf de Dragonera  
 Baronessa Adina von der Heide  
 Stephen and Liza Cicirelli  
 4214 Maylock Ln  
 Fairfax, VA 22033  
 (703) 349-6779 (H), no calls after 10 pm  
*baron AT pontealto.atlantia.sca.org*  
*baroness AT pontealto.atlantia.sca.org*  
*baronage AT pontealto.atlantia.sca.org*



## Deputy for Demos

Lady Sorcha de Glys  
 Shannon Smith  
 703-627-1627  
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## Minister of Arts & Sciences

Master Marcellus Capozziello da Napoli  
 Bob Capozello  
 (703) 975-9146 (H)  
*moas AT pontealto.atlantia.sca.org*



## Seneschal (President)

Lady Caitilin Irruis inghean ui Riada  
 Christine Menton  
 9824 Fairfax Square, Apt 376  
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## Deputy Ministers of Arts & Sciences

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 Elissa Krieg  
 703-379-2030

Lady Gwenhwyvar verch Lewis  
 Jennie Murphy  
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## Deputy Seneschal

Master Marcellus Capozziello da Napoli  
 Bob Capozello  
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## Chancellor for Youth Activities

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 Eliisa Harman  
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## Chancellor of the Exchequer (Treasurer)

Lord Daniel Warwick  
 Daniel Bensing  
 615 Meadow Lane, SW  
 Vienna, VA 22180  
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## Deputy Chancellor of the Exchequer

Mistress Celia of Rosedale  
 Tamara Brown  
 (703) 378-2441 (H)  
*celia AT ravenstreet.org*

## Chamberlain

Lady Sophia van der Werken  
 Lisbeth Monroe-Teopaco  
 3531 Country Hill Dr  
 Fairfax, VA 22030  
 (703) 901-1866 (H)  
*chamberlain AT pontealto.atlantia.sca.org*



## Chatelaine (Newcomers)

Currently VACANT  
*seneschal AT pontealto.atlantia.sca.org*



## Deputy Chatelaine Gold Key (Loaner Costumes)

Lady Gwenhwyvar verch Lewis  
 Jennie Murphy  
 703-304-3303 (M)  
*gwenydryw AT gmail.com*

## Herald

Lady Anais von Koeslin  
 Sue Schneider  
 200 Yoakum Pkwy #1013  
 Alexandria, VA 22304  
 (847) 209-2141  
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## Deputy Herald

Baron Brénainn MacShuibne  
 Matthew Torsky  
 6608 Netties Lane  
 Unit 1403  
 Alexandria, VA 22315  
 (703) 835-1479 (H)

(Continued on next page)



# Regnum (continued)

## Knight Marshal

Lord Grimkirk ap Greymoor  
John Michael Schneider  
200 Yoakum Pkwy #1013  
Alexandria, VA 22304  
(847) 910-9138  
*marshal AT pontealto.atlantia.sca.org*



## Minister of the Lists

Lady Cellach Mór (a.k.a. Kel)  
Kel Dalton  
(703) 655-6660 (H)  
*mol AT pontealto.atlantia.sca.org*



## Deputy Knight Marshal

Lord Duncan the Elder  
Duncan Cooper  
(703) 801-6867 (H)  
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## Chronicler (Newsletter)

Lady Theresa O Cahir  
Theresa Crean  
(703) 644-2930 (H)  
*chronicler AT pontealto.atlantia.sca.org*  
*ladycahir96 AT yahoo.com*



## Rapier Marshal

Lord Geoffrey ap Clywd  
Jeff Williams  
703-980-8369  
*rapier AT pontealto.atlantia.sca.org*

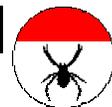


## Deputy Chronicler

Vacant

## Web Minister

Lady Giovanna Rossellini da Firenze  
Rachael Storey  
14797 Basingstoke Loop  
Centreville, VA 20120  
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## Deputy Rapier Marshals

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Jennifer Ross  
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Baron Marcellus Capozziello da Napoli  
Bob Capozello  
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*afpopa AT yahoo.com*  
No calls after 9:00 p.m. EST

## Deputy Web Minister

Mistress Cassandra Arabella Giordani  
Kim Jordan  
*cassandra AT jordanclan.net*

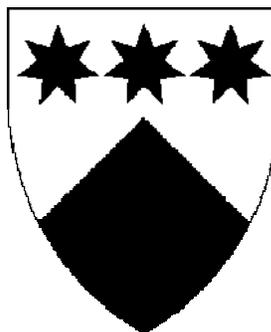
Mistress Belphoebe de Givet  
Laura Martinez  
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No calls after 9:00 p.m. EST

Lady Theresa O Cahir  
Theresa Crean  
(703) 644-2930 (H)  
*ladycahir96 AT yahoo.com*

## Archery Marshal

Lord Naran Numuchi  
Nicholas Freer  
(703) 836-5654 (M)  
*archery AT pontealto.atlantia.sca.org*

## Featured Device



**Drogo Rainulf de Dragonera**  
Per chevron argent and sable, in chief three mullets of seven points sable.

Image of device created by William Castille



# Ponte Alto Notables

**Baronial Warlord**

Mistress Cunen Beornhelm  
warlord AT [pontealto.atlantia.sca.org](mailto:pontealto.atlantia.sca.org)

**Baronial Heavy Champion**

Mistress Cunen Beornhelm  
heavychamp AT [pontealto.atlantia.sca.org](mailto:pontealto.atlantia.sca.org)

**Baronial Rapier Champion**

Lord Simon  
rapierchamp AT [pontealto.atlantia.sca.org](mailto:pontealto.atlantia.sca.org)

**Baronial Archery Champion**

Nicollo Santorini  
archerychamp AT [pontealto.atlantia.sca.org](mailto:pontealto.atlantia.sca.org)

**Baronial Artisan**

Mary Dotson (SCA Name TBD)  
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**Baronial Bard**

Mistress Celia of Rosedale  
Tamara Brown  
bard AT [pontealto.atlantia.sca.org](mailto:pontealto.atlantia.sca.org)

**Baronial Brewer**

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Kristin Moran  
(571) 449-7694 (M)  
brewer AT [pontealto.atlantia.sca.org](mailto:pontealto.atlantia.sca.org)



Photo by Theresa Crean (Lady Theresa O Cahir)

# Baronial Progress

Date	Event	Barone/Baronessa
May 17	Sergeants & Scholars	Drogo & Adina
May 23-26	Ruby Joust	Drogo & Adina
June 6-8	Highland River Melees	Drogo & Adina
June 14	Summer University	Drogo & Adina



# Business Meeting Minutes

**April 25,, 2014**  
Attendance: 12

St. Paul's Lutheran Church  
Falls Church, VA

**Start: 6:09 p.m.**

## Officer Reports

### **Seneschal—Christine Menton (Caitilin)**

Next month's meeting is May 18th due to Memorial Day weekend. Those going to Ruby Joust only need to register their tents with the Barony. Quarterly report is in.

### **Treasurer—Daniel Bensing (Daniel)**

Bank balance is \$6,614.17. This reflects payments to Public Storage. There have been problems with the Non-Member Service report; they're getting fixed. Quarterly Reports will be on-time.

### **Knight Marshal—Michael Schneider (Grimkirk)**

Fighting continues. Reviewed and updated hours on the website for consistency. Marshals' Report is submitted for first quarter; working with folks in our populace who have lapses in required classes/training and who need to renew membership.

### **Rapier Marshal—Jeff Williams (Geoffrey)**

Rapier continues.

### **Archery Marshal—Nicholas Freer (Naran), absent**

Check with Nick for practice locations and times.

### **Minister of Arts & Sciences—Bob Capozello (Marcellus), absent**

Jennie (Gwenhwyvar) is hosting Sewing Circle on May 15th at 7:00 p.m. She is still working on the pearl tying class for Pennsic. Scribal/A&S Night is tomorrow at Liza and Stephen's house.

### **Chatelaine—vacant, report by Christine**

Jerri Lynn Mooney (Flora) will be Chatelaine once she is able to take the required classes. Elizabeth will be stepping up as Deputy Chatelaine. Newcomer's was at Flora's house for April. There were 12 people present, 2 of whom were new and 2 of whom were transfers from other Kingdoms. The next Newcomer's is on Friday, May 9th at Liz Monroe-Teopaco's (Sophia van der Werken). The quarterly report is in.

### **Herald—Sue Schneider (Anais), absent**

Several names and devices are in the submission process. One was recently approved.

### **Chronicler—Theresa Crean (Theresa)**

Quarterly report is in Had to move the fiber arts issue from April to June—need to get permission to publish from a few folks. This month features music.

### **Web Minister—Rachel Storey (Giovanna), absent**

No report.

### **Minister of the Lists—Kel Dalton (Cellach), absent**

No report (no events).

### **Minister of Minors—Eliisa Harman (Annika), absent**

No report (no events).

(continued on next page)



## *Business Meeting Minutes (continued)*

### **Baron and Baroness—Stephen (absent) and Liza Cicirelli (Drogo and Adina)**

Reviewed recent and future progress. Need items donated for upcoming gift baskets. Liza issued a challenge for future Crown Tournaments via the mailing list. [Editor's note: see page 11.]

### *Events*

#### **St. Paddy's Day Blood Bath (Jul. 2014)—Michael Schneider, Event Steward**

Discussed holding on July 19th. Will secure use of the park and get it spiked. Will check with Liz (Sophia) about cooking to see if she's still available. Discussed gate charge; Liza (Adina) made a motion to reduce the site fee to \$5.00. Daniel (Daniel) seconded; motion passed.

#### **Chalice of the Sun God XI (Oct. 2014)—Theresa Crean, Event Steward**

Went over event budget; Theresa (Theresa) made a motion to approve, Daniel seconded, and motion passed. Discussed crash space as an option and will find folks to host. Will approach Cooks Guild to see about a cook.

#### **Tournament of Love & Beauty (Feb. 2015)—vacant**

Began discussions on whether we hold this event, do another Little Event with a Great Big Feast, or have resurrect Squires' Revolt or Meet Me Under the Bridge. Will look for event steward then continue these discussions.

#### **Spring Crown (Apr. 2014)—Michael Schneider, Event Steward**

Finishing off the bid packet (need to find a Cook!) and will get it to Kingdom a.s.a.p. Went over event budget. Michael (Grimkirk) made a motion to approve, Daniel seconded, and motion passed.

### *Old Business*

No update on the list fence.

Stephen found his receipt for the pole driver (for Pennsic camp); he'll will turn it in for reimbursement!

Daniel is looking into moving storage facilities as a potential way to save money.

Scout Demo went very well! There were about 30 scouts, 20-30 adults, and 10 SCA people. They want us back!!

### *New Business*

The question arose about SCA Census numbers for the Barony and how we can get more members to be involved as officers, marshals, working events, etc. Stephen (Drogo) said we use 250 from the polling mailing list as a number. But about 100 people in the Barony only join to be able to go to Pennsic and about another 20-30 people "play" with other local branches. Group discussed ways to get in contact with people in case they don't use the Barony's mailing list, use Facebook, or the website. Michael (Grimkirk) is going to contact SCA Corporate and see if we can get a mailing list for a one-time letter to be sent out.

### *Announcements*

Sarah was appointed royal scribbler!

**Adjourned at 7:20 p.m.**



## *A Challenge from Our Baronessa*

Greetings Ponte Alto!

I have challenges for all those who may be THINKING about fighting in Fall 2014, Spring 2015 or Fall 2015 Atlantia Crown Tournaments:

1. If you will fight for either the Baroness OR the Baron of Ponte Alto, I will make a matching set of garb for Tourney Day. Should you win, I will make, at least, two more sets of garb for your Reign.

With this challenge to you, there are some responsibilities to the seamstress:

- a. I must know at least two months from the date the letters are due to the Crown that you intend to enter Crown Tourney (so sizes, patterns, etc. may be obtained). Generally this is 2 weeks from Crown Tourney - however, the more notice, the better.
- b. You must be accepted to participate in Crown Tourney.
- c. You must notify the seamstress IMMEDIATELY that you have been accepted to participate in Crown Tourney (so the mad garb making may commence!).

### A second Challenge :-)

2. To anyone else who may be THINKING about fighting in Fall 2014, Spring 2015 or Fall 2015 Atlantian Crown Tournaments: I will make heraldic banners for you to carry in the precession. Same responsibilities apply:

- a. I must know at least two months from the date the letters are due to the Crown that you intend to enter Crown Tourney (so correct depictions of your and your consort's arms may be obtained). Generally this is 2 weeks from Crown Tourney - however, the more notice, the better.
- b. You must be accepted to participate in Crown Tourney.
- c. You must notify me IMMEDIATELY that you have been accepted to participate in Crown Tourney (so the mad banner making may commence!).

Ponte Alto, I know you are up to this challenge. Fall 2014 is the first Crown Tournament this challenge applies to, so you have plenty of time to get in good fighting shape. Since the snow is done for now and heavy practice happens twice a week (Sunday at Tysons-Pimmit Park 12:30-6:00 p.m. and Thursday at Lemon Road Elementary 6:00-9:00 p.m.), come out to get ready for PENNSIC and Fall Crown Tourney!

*Adina*

*Baronessa di Ponte Alto*



# Calendar

## May

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
*=times and location may vary; please email or call the point of contact in "weekly Events."			<b>1</b> 6 p.m. Indoor Heavy Weapons Practice 6:30 p.m. Indoor Rapier Practice	<b>2</b> <b>Spring Crown Tournament</b>	<b>3</b> <b>Spring Crown Tournament</b>	<b>4</b> 12:30 p.m. Outdoor Heavy Weapons Practice  Archery*
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b> 6 p.m. Indoor Heavy Weapons Practice 6:30 p.m. Indoor Rapier Practice	<b>9</b> <b>7:00 p.m. Newcomer's Meeting</b>	<b>10</b> <b>On Target (Lochmere)</b>	<b>11</b> 12:30 p.m. Outdoor Heavy Weapons Practice Archery*
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b> 6 p.m. Indoor Heavy Weapons Practice 6:30 p.m. Indoor Rapier Practice 7:00 p.m. Sewing Circle	<b>16</b>	<b>17</b> <b>Sergeants &amp; Scholars (Roxbury Mill)</b>	<b>18</b> 12:30 p.m. Outdoor Heavy Weapons Practice Archery* <b>6:00 p.m. Baronial Business Meeting</b>
<b>19</b> 6:30 p.m. Scribal/A&S Night	<b>20</b>	<b>21</b>	<b>22</b> 6 p.m. Indoor Heavy Weapons Practice 6:30 p.m. Indoor Rapier Practice	<b>23</b> <b>Ruby Joust (Caer Mear)</b>	<b>24</b> <b>Ruby Joust (Caer Mear)</b>	<b>25</b> <b>Ruby Joust (Caer Mear)</b>
<b>26</b> <b>Ruby Joust (Caer Mear)</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> <b>Garb Wars (Spiaggia Levantina)</b>	<b>31</b> <b>Garb Wars (Spiaggia Levantina)</b>	



# Calendar—Looking Ahead

## June

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
*=times and location may vary; please email or call the point of contact in "weekly Events."						<b>1</b> 12:30 p.m. Outdoor Heavy Weapons Practice  Archery*
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> 6 p.m. Indoor Heavy Weapons Practice 6:30 p.m. Indoor Rapier Practice	<b>6</b> <b>Highland River Melees (Highland Foorde)</b>	<b>7</b> <b>Highland River Melees (Highland Foorde)</b>	<b>8 Melees</b> 12:30 p.m. Outdoor Heavy Weapons Practice *
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> 6 p.m. Indoor Heavy Weapons Practice 6:30 p.m. Indoor Rapier Practice 7:00 p.m. Sewing Circle*	<b>13</b>	<b>14</b> <b>Summer University (Caer Gelynniog)</b>	<b>15</b> 12:30 p.m. Outdoor Heavy Weapons Practice Archery*
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b> 6 p.m. Indoor Heavy Weapons Practice 6:30 p.m. Indoor Rapier Practice	<b>20</b> <b>Trial by Fire (Bright Hills)</b>  <b>Old School War Practice (Marinus)</b>	<b>21</b> <b>Trial by Fire (Bright Hills)</b>  <b>Old School War Practice (Marinus)</b>	<b>22</b> 12:30 p.m. Outdoor Heavy Weapons Practice Archery*  <b>6:00 p.m. Baronial Business Meeting</b>
<b>23</b> 6:30 p.m. Scribal/A&S Night  <b>30</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b> <b>[Storvik Novice and Unbelt Tourney—CANCELLED]</b>	<b>29</b> 12:30 p.m. Outdoor Heavy Weapons Practice Archery*



## Weekly Events

- Sunday**  
Ponte Alto  
Baronial  
Business  
Meeting
- Fourth Sunday of the month at 6:00 p.m. Please check the Barony's email list, Facebook page, or contact the Seneschal for the meeting location.
- Outdoor Heavy  
Weapons and  
Rapier  
Practice
- Weather permitting, 12:30 to 4:00 p.m., outdoors at Tysons-Pimmit Park, behind Tysons-Pimmit Library, Falls Church. Please contact the Baronial Knight Marshal for more information or check the Barony's Facebook page before you go to ensure that fighters will be gathering.
- Outdoor  
Archery  
Practice
- Check the Barony's Facebook page or contact Baronial Archery Marshal for dates and times. The group has been practicing at Lake Needwood most Sundays, and at Ft. Belvoir on alternate Sundays. Check the Barony's Facebook page. The Archery Marshal can give you information and directions to the range.
- Monday**  
Ponte Alto/  
Stierbach  
Archery  
Practice
- 5:00 to 7:00 p.m. during Daylight Savings Time. The outdoor practice site is at Grimmsfield, 16132 Crusade Ct., Haymarket, VA 20169. Practices are held jointly with Stierbach. You may contact the Baronial Archery Marshal for carpool or other information.
- Thursday**  
Indoor Rapier  
Practice\*
- Every Thursday at Shreveewood Elementary School from 6:30 to 9:00 p.m. Please use the rear entrance to the cafeteria. Please contact the Baronial Rapier Marshal for more information. This is a school activity.\*
- Indoor Heavy  
Weapons  
Practice\*
- Lemon Road Elementary School from 6:00 to 9:00 p.m. Practice is geared to developing the beginning and intermediate fighters through intensive hands-on training with experienced instructors, as well as to provide ample opportunity for more advanced fighters to spar with knight-level combatants. All are welcome. Contact the Baronial Knight Marshal for more information. This is a school activity.\*
- Sewing  
Circle
- Third Thursday of each month. Meets at Lady Gwenthwyvar verch Lewis' home (Jennie Murphy). Please call or e-mail for start time and directions (703) 304-3303 (M), gwenydryw@gmail.com; check the Barony's Facebook group for any last-minute rescheduling or cancellations.
- Friday**  
Newcomers  
Meetings
- Once a month, Newcomers Meetings occur from 7:00 to 10:00 p.m. at the home of various members of the Barony. Contact the Baronial Chatelaine or check the Facebook page for the date and host's address.

**\*= Note on school locations for activities:**

There will be no activities at schools during school holidays or on other days when Fairfax County schools are closed or all nighttime school recreational activities are cancelled. Notification of cancellation or alternate site location will be posted on the website as soon as possible. You can visit the Fairfax County Public Schools Emergency Announcement page for school closure status at <http://fcps.edu/news/emerg.htm>



# *Il Tempo Submissions*

**Everyone is encouraged to consider contributing to *Il Tempo*.**

*Il Tempo* is a publication of the Barony of Ponte Alto, of the Society for Creative Anachronism (SCA), Inc. Please send submissions to:

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7731 Carleigh Parkway  
Springfield, VA 22152  
ladycahir96@yahoo.com or  
Chronicler@PonteAlto.Atlantia.SCA.org

Please, remember that all submissions for *Il Tempo* must be accompanied by an SCA release form. Below are the links to the necessary forms. The first link leads you to the Society Chronicler's links for forms. The last three links are for the forms that can be submitted online via Internet Form Fills.

## **Society Chronicler forms**

[http://www.sca.org/docs/library.html#release forms](http://www.sca.org/docs/library.html#release%20forms)

Release form for **writing or artwork**:

<http://www.sca.org/docs/pdf/ReleaseCreativeFillable.pdf>

Release form for **photographs**:

<http://www.sca.org/docs/pdf/ReleasePhotographerFillable.pdf>

Release form for **models** (the subject of your artwork or photograph):

<http://www.sca.org/docs/pdf/ReleaseModelFillable.pdf>