

THE BARONY OF PONTE ALTO NEWSLETTER

IL TEMPO

VOLUME 22 ISSUE 2

FEBRUARY 2013, A.S. XLVI



High Table at Kingdom 12th Night.

This is *Il Tempo* (The Times), a publication of The Barony of Ponte Alto, in the Kingdom of Atlantia, of the Society for Creative Anachronism, Inc. *Il Tempo* is provided at no charge online and is available in PDF format on the baronial website. Printed copies are available from Theresa Crean, chronicler@pontealto.atlantia.sca.org.

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Photo by Jennie Murphy (Gwenhwwvar y Dryw).



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IL TEMPO

Welcome to *Il Tempo* (The Times), the Newsletter of the Barony of Ponte Alto, one of the northern baronies in the Kingdom of Atlantia.

Il Tempo strives to be an informative read that you look forward to. To this end, we are always appreciative of any contributions to it; perhaps an article of a project you are working on or are interested in, how to make/play a period game, your experience at an event, how/what to prepare for a day trip, a recipe/piece of garb that you've made, documentation on an item you've competed, a how-to on documentation, a few words on a historical person/event, photos, a book review, something to share with a newcomer; perhaps a short autobiography of your persona or how you came to figure out your persona. The list can go on for ages and is only limited by the speed at which our hands can write out what our minds can think.

Come, share with us adventures in the great Barony of Ponte Alto, in the grand Kingdom of Atlantia, in this - the Current Middle Ages!

Request from our MOAS...

Ponte Alto is working on revitalizing our online gallery of A&S projects. We are seeking submissions from our local artisans! Please send your photographs and a description to Lady Bevin at moas@pontealto.atlantia.sca.org.

~Bevin (Kristen), MOAS

February Newcomer's Meeting

When: Feb. 8th at 7:00 p.m.

Where: Theresa's house, 7731 Carrleigh Parkway, Springfield

Allergy alert: dog; please medicate if necessary

While we chat, we plan to cut ribbons that we'll need for Tournament of Love and Beauty. If you have sewing scissors, please bring them!

We need hosts for June on through the rest of the year. Please contact me if you are able to host one of those months.

~ Gwenhwyvar (Jennie), Deputy Chatelaine



News / Announcements

Tournament of Love & Beauty

Hopefully everyone is getting excited for the event this month!! Have you made your reservation?? ACCEPS is open and Cecelia is waiting to process your pre-registration!! There a \$3.00 discount if you pre-reg.

We need volunteers in the following areas—if you are able to assist, please contact Caitilin at ladypartypanther@gmail.com. We need:

♥ Kitchen Help/Servers - contact Caitilin and she will put you in touch with the Feast Coordinator

♥ Parking - someone to arrive before Troll opens and put up Handicapped parking/Royalty parking signs, get the merchants unloaded and into parking spaces, and generally keep an eye on the upper lot. We'll need extra volunteers between 9:00 and 12:00 when most people will be arriving.

♥ People that are available on Friday, February 22nd to move the list fence and other supplies from storage and out to the site. Must have a trailer or be able to tow a trailer (Their Excellencies have a trailer that we can use). We need people to be able to lift/move the list fence and set it up. I would prefer to do this during the day so we aren't out there until all hours of the night - I will find out when we can get the key and be on site on Friday

~Caitilin (Christine)

Feast for L&B

Thegn Brennain has a scrumptious, French-inspired feast planned! The recipes are from the end of the 14th century and early 15th century.

<i>First course</i>	<i>Second Course</i>	<i>Third Course</i>
Mussels	Frumenty	Emplumeus of Apples
Chervis—parsnip pie	Capon Soup	Sugared Almonds
Carrots	Chyvrolee of Venison	

Please contact Brennain directly with any dietary concerns at herald@pontealto.atlantia.sca.org

Love & Beauty A&S

Our esteemed Drogo and Adina, Barone e Baronessa di Ponte Alto, will be selecting a new Artisan Champion and Bardic Champion on the 23rd. Please direct any questions or concerns to Lady Bevin at moas@pontealto.atlantia.sca.org



Tidbits from The (Nice!) Troll Under the Bridge

There's a nice little troll who lives under the Ponte Alto bridges. Every once in a while, the troll will pass along anything it overhears while it lurks about.

Kingdom 12th Night was a wonderful time in the Barony of Sacred Stone. Their Excellencies took part judging a secret garb contest. They awarded the Ponte d'Argento to Axum O'Neal and Ariel Benne Douw, both from the Canton of Ritterwald! Two gentles were elevated—Lady Nuala was recognized as a Laurel and someone close to our Barony, Flaithri O Cearnaigh, was elevated to Pelican!



Photos from Kingdom 12th Night tables by Jennie Murphy (Gwenhwyvar y Dryw)

The bitter cold has finally set into the lands of Ponte Alto. The Kingdom Chirurgeon, Andreas, sent a message to the email lists asking everyone to take care of themselves and consider getting a flu shot! While we'd love to see you at upcoming events, any viruses and germs aren't welcome. :)

Speaking of germs... Theresa missed January's Newcomer's Meeting after giving herself food poisoning. She's had a tough go of it lately after flushing her cell phone into the toilet pipes and getting a bad cold virus. Rumor has it that she's laying low, attempting to avoid the gremlins that have been plaguing her!

Marcellus brought a beautiful, handmade instrument to the Baronial Business meeting. I forgot what it was called, but it is gorgeous. He demonstrated it, after which someone quipped that it sounded like a moose mating call leaving everyone laughing!

Drogo and Adina announced that they want to continue as Baron & Baroness; after which Belphoebe said something about now she can stop sacrificing chickens... ;)



Regnum

Baron and Baroness

Barone Drogo Rainulf de Dragonera
 Baronessa Adina von der Heide
 Stephen and Liza Cicirelli
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(Continued on next page)

Deputy Chatelaine

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Regnum (continued)

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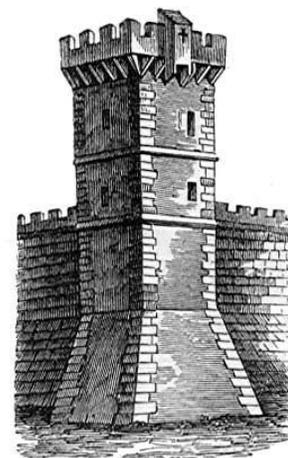


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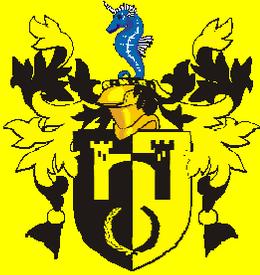
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Mistress Allasondrea de Fano
Susan Lee



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accessed October 25, 2009



Ponte Alto Notables

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Photo by Theresa Crean (Lady Theresa O Cahir)

Baronial Progress

Date	Event	Barone/Baronessa
2 February	KASF	Drogo & Adina
9 February	Bright Hills Baronial Birthday	Drogo & Adina
15-17 February	Ymir	Drogo & Adina
23 February	Tournament of Love and Beauty	Drogo & Adina
9 March	St. Paddy's Blood Bath	Drogo & Adina



Baronial Business Meeting Minutes

January 27, 2013

St. Paul's Lutheran Church
7426 Idylwood Road
Falls Church, VA

Attendance: 15

Start: 6:10 p.m.

Officer Reports

Seneschal—Bob Capozello (Marcellus)

The SCA has issued an official Social Media Policy. I wasn't able to forward it to the mailing list due to the size of the document. It will be available on-line soon. I have renewed my warrant.

Treasurer—Daniel Bensing (Daniel)

The bank balance is \$7,564.77. This excludes the \$600 we already paid for the storage facility for the year and most of the expenses for Love & Beauty. I am working on finishing off reports. Bob is working to renew the annual FCPS insurance policy for the practice sites. Last year, both schools were listed on one form at a cost of \$50; this year, they're separate, so the cost is \$100.00. Insurance for the Loudon County Fairgrounds—the site of all 3 events we're hosting this year—needs to be checked into to see if all is in order.

Knight Marshal—Gilbert Gordon (Charles)

All is good; reports are up-to-date!

Rapier Marshal—Jeff Williams (Geoffrey); absent

Rapier continues; there are between 4 to 8 people at practices!

Archery Marshal—Nicholas Freer (Naran); absent

Fort Belvoir practices are going from 4:00 to 6:00 most Sundays. The group is growing!!

Minister of Arts & Sciences—Kristen Moran (Bevin)

Do stuff and let me know about it! We're ready for Love & Beauty; the Baron and Baroness will chose a Baronial Artisan and Bard. In addition to an A&S Competition, there will be display space for other projects. Bob noted that he is accepting articles for *The Oak*, the Kingdom's Arts and Sciences newsletter.

Chatelaine—Christine Menton (Caitilin)

January's Newcomer's Meeting was at John and Mara's. We had 14 people attend, with 2 new people! February is at Theresa's and March is at John and Mara's again. Daniel offered to host April. We're moving in the direction of having Jennie take the Chatelaine class so she can replace me so I can move onto Seneschal.

Herald—Matt Torsky (Brennain); absent

No report.

(continued on next page)



Baronial Business Meeting Minutes (continued)

Chronicler—Theresa Crean (Theresa)

Two of the pieces from the January's *Il Tempo* were reprinted in the Kingdom's January newsletter supplement! I sent an email to those who contributed to the articles to let them know. I need fun gossip and tidbits for the Troll Under the Bridge column. The point isn't to embarrass anyone but to have a bit of entertainment. I submitted my end-of-year report to Kingdom in December.

Web Minister—Rachel Storey (Giovanna)

I got the website issues taken care of. I am also working on the layout of a new test site, so that will be forthcoming. Please let me know of any updates!

Minister of the Lists—Kari Dalton (Cellach); absent

No report.

Minister of Minors—Eliisa Harman (Annika); absent

I am working on activities for Love & Beauty.

Baron and Baroness—Stephen and Liza Cicirelli (Drogo and Adina)

Stephen got a promotion at work! We attended 12th Night and were judges for a secret garb contest. We awarded the Ponte d'Argento to two gentles. Liza received a donation of t-shirts for MoM to use with youth arts & crafts activities. We'll get bridges painted on them. The topic of public meeting rooms came up, and while public libraries have meeting spaces, they can only be scheduled about one month ahead, so it's not dependable for regularly scheduled meetings or activities. Caribou Coffee in Vienna—off VA-123—has a room that could be used. Liza did the interview and will pass on the link. It was published the week after Thanksgiving, but she hadn't gotten notification that it was available. Stephen and Liza want to continue as Baron & Baroness, so Bob will start notifying all the necessary parties so a Polling of Confidence can be done. The term would renew for 2 years if polling is positive. Liza and Kristen (Bevin) sorted out a Scribal/A&S Night that will be the Monday after the Baronial Meeting each month starting at 6:30. Reviewed their Progress for the next two months.

Events

Love & Beauty (Feb. 23rd)—Christine Menton, Event Steward

I obtained the ABC license for the site. We need people to help move things from storage to the site and help set up the list fence on Friday, February 22nd. Theresa will stop by Stephen and Liza's and pick up the trailer on the way to storage. On the 23rd, we can be on-site as early as 6:00 a.m. All event staff need to be on-site no later than 8:00. Theresa will try to troll-in event staff before Troll opens at 9:00. The Feast menu was reviewed; lunch is off-board. Sir Alfred is going to the MiC for heavy and has decided on a Pas format. Rapier is having a Consort Tourney. There will be ribbons for the Pas; Theresa is making circlets for the winners of heavy and rapier. Liza has red goblets that we'll fill with chocolate as part of the prize. I'm looking for a basket to fill with chocolate to give to the winner of the heraldic display. Laura (Belphoebe) is the Marshal in Charge for Martial Activities; Sara will be merchant coordinator. A&S will be upstairs in the Hall and Youth Activities will take place from 1:00 to 2:30. Christine will work with Baron and Baroness to set the rest of the schedule. We need space heaters and extension cords for the barn; will check toilet paper and hand sanitizer for bathrooms/port-o-johns.



Baronial Business Meeting Minutes (continued)

St. Paddy's Day Blood Bath (Mar. 9th)—Kari Dalton (Cellach), Event Stewart

Kari sent the contract in for the site. She has an MoL, MiC, and Dame Sophia is going to cook lunch.

Chalice of the Sun God X (2013)

Nothing to report yet.

Fall Crown Tournament (Nov. 2013)—Rachel Storey (Giovanna), Event Stewart

I am working to get the contract together. The initial price was supposed to be \$1,400, but they came back with \$1,680. I need to find the email where the lower price was listed and see if they'll honor that. The event is SPIKED.

Old Business

No report at this time on reviving the College of Saint Stephen's.

Nothing to report on the coronets either.

Haven't heard anything back about registering the Barony's Awards; know they've cleared Kingdom.

New Business

None

Announcements

Winter University was cancelled; there was no site.

They're still working on getting a brewing competition together for Ymir. Details will be posted when they're available.

Bring scissors to Newcomer's Meeting; we'll be cutting ribbons for the Pas and for site tokens.

Pennsic 42 site is up. Stephen registered the Barony and we're looking for a Land Agent. Please note that the dates for Pennsic have shifted a bit, so check the site for specifics.

Adjourned at 7:00 p.m.

*You Know You're in
the SCA When...*

...you have a small family, but justify the purchase of a large SUV to the salesman by saying, "we need space to get gear to events!!"



Photo by Theresa Crean
(Lady Theresa O Cahir)



Cooking a Beef Roast

(or Tasty Smoked Meat Over a Fire)

Baroness Katherine Devereaux

Chronicler's Note: There is usually a potluck in the Baronial Encampment at Caer Mear's Annual Gem Joust event. Two years ago, in the weeks before Sapphire Joust, everyone was raving about Baroness Katherine's usual contribution of beef on a spit. The raves didn't do it justice—the beef was phenomenal! She posted instructions in a recent blog post at <http://historiccooking.wordpress.com/>.

"A good friend requested to know how I cook beef on the spit over an open fire. Below will actually smoke the meat while the flavor is actually sealed in then it will cook internally in about 4-6 hours.

Cut of beef: I like to start with a roast of ribeye due to the strong marbling and the fat content – it just makes for good flavor and allows the fat to gradually infiltrate the rest of the meat (i.e. good flavor.)

The Fire: The fire should be of moderate heat and then I set up the spit so that meat will be sitting above the flame by about 6 inches and 10 inches above the real heat of the fire. It will also depend on the direction of the wind. I like to have the wind moving the smoke towards the meat so that the meat can smoke it to cook it and not necessarily use only the heat of the fire.

Equipment: I use a three piece spit – two sides of wrought iron with a top piece of iron as well. Each are about 30 inches in length and will hold about 6-8 lbs of meat. Also, use a knife to make a hole down the center of the meat and I use a cutting board to cut the beef.

I prefer to take the roast and chunk it so that it receives mostly even heat across the fire. 4 inch x 4 inch or so chunks liberally coated with salt and pepper then brought up to room temp (or the temp of the place where we're cooking) works well. The salt also helps form a crust on the outside of the beef.

After the beef is chunked, salted/peppered, and at room temp, I take a knife and slit down the center to then slide onto the spit. I don't believe that its necessary to have "C" clamps to keep the meat on, just slide them together and make a thin slit down the center of the meat – if its too big, it will just slide around. But feel free to push them fairly close together when they cook – the thickness of the whole "meat stick" is uniform and should cook evenly (depending on how the fire is).

When cooking, in the beginning, turn it every 30 or so minutes. In the beginning, the seal is beginning to form and its Ok for it to sit a bit more on each side while the smoky skin is forming. After its sealed, I like to turn it every 15-20 minutes, a bit more often so that it doesn't get too well cooked on one side or another. I also am looking at whether or not the meat needs to be switched and not just rotated (taken off the spit and reversed) – so that the heat is more even while cooking the meat.

Again, for tending the fire, keep it warm, but not a high flame – you are cooking this via smoke (semi-indirect heat) and you want the smoke to be on the meat, but not directly over the heat.

For additional flavor, you can add melted butter or bacon grease over the seared beef – it just improves the taste and will help add moisture to the seal. This is not necessary, but can always help!

After a number of hours over the fire, with rotating the meat, look for darker sealed edges and it should still be dripping juices. Once it stops dripping juices, test it by cutting off one corner of the beef (my husband's favorite piece) test it – it should be fully cooked with the most interior of the test piece slightly pinkish.

If the chunks are not fully cooked – keep them on the fire until they are.

After they are cooked, remove from the spit and then cut into chunks and serve with mustard or any other sauce or plain."



Word Search

Baronies of Atlantia

I W A T D D O O W K W A H X Q D I X N T
 H I G H L A N D F O O R D E X S B N O E
 D U N C A R R I G Q F R Q W S F W K T S
 H A A Q N B Y W P B A Y K I A Y O R T T
 E M X E V E G Z H L S V M N C Y G L I I
 V H V N U Q O E N A L D R D R T P D N E
 O L F K S E T O I C L C E M E Y P H G R
 C F O T M R L V A K I V H A D L T B H B
 S C E A L Z A N T D H D L S S O U V I A
 N D M L D F E J N I T C X T T C J G L C
 E E E M T P T R U A H T I E O H A U L H
 V C W D L Q N Q O M G O K R N M J J C Z
 A J D S T T O N M O I G X S E E L S O R
 R S O C T U P I N N R T G H F R J U I A
 R K K K J O K Y E D B U Z I Z E V N L E
 X Q A Q W R R V D W B W C L J Q Z I L M
 J V C F L L B V D G I S I L B H M R F R
 H G Y F F K Y R I H B X K F O F V A C E
 L V R D C Q C N H K L D K T X Q M M Q A
 Z E B K Y G K E N O D Y R I T L K F B C

Black Diamond

Bright Hills

Caer Mear

Dun Carrig

Hawkwood

Hidden Mountain

Highland Foorde

Lochmere

Marinus

Nottingham Coill

Ponte Alto

Raven's Cove

Sacred Stone

Stierbach

Storvik

Tir Y Don

Windmaster's Hill



Word Search Solution

Baronies of Atlantia

I	W	A	T	D	D	O	O	W	K	W	A	H	X	Q	D	I	X	N	T
H	I	G	H	L	A	N	D	F	O	O	R	D	E	X	S	B	N	O	E
D	U	N	C	A	R	R	I	G	Q	F	R	Q	W	S	F	W	K	T	S
H	A	A	Q	N	B	Y	W	P	B	A	Y	K	I	A	Y	O	R	T	T
E	M	X	E	V	E	G	Z	H	L	S	V	M	N	C	Y	G	L	I	I
V	H	V	N	U	Q	O	E	N	A	L	D	R	D	R	T	P	D	N	E
O	L	F	K	S	E	T	O	I	C	L	C	E	M	E	Y	P	H	G	R
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S	C	E	A	L	Z	A	N	T	D	H	D	L	S	S	O	U	V	I	A
N	D	M	L	D	F	E	J	N	I	T	C	X	T	T	C	J	G	L	C
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V	C	W	D	L	Q	N	Q	O	M	G	O	K	R	N	M	J	J	C	Z
A	J	D	S	T	T	O	N	M	O	I	G	X	S	E	E	L	S	O	R
R	S	O	C	T	U	P	I	N	N	R	T	G	H	F	R	J	U	I	A
R	K	K	K	J	O	K	Y	E	D	B	U	Z	I	Z	E	V	N	L	E
X	Q	A	Q	W	R	R	V	D	W	B	W	C	L	J	Q	Z	I	L	M
J	V	C	F	L	L	B	V	D	G	I	S	I	L	B	H	M	R	F	R
H	G	Y	F	F	K	Y	R	I	H	B	X	K	F	O	F	V	A	C	E
L	V	R	D	C	Q	C	N	H	K	L	D	K	T	X	Q	M	M	Q	A
Z	E	B	K	Y	G	K	E	N	O	D	Y	R	I	T	L	K	F	B	C



Calendar

February

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2 Kingdom Arts & Sciences Festival (KSAF)	3 1:30 p.m. Outdoor Heavy Weapons Practice (weather permitting) 4:00 to 6:00 p.m. Indoor Archery at Ft. Belvoir
4	5	6	7 6 p.m. Indoor Heavy Weapons Practice 6 p.m. Indoor Rapier Practice	8 7:00 p.m. Newcomer's Meeting	9 Bright Hills Baronial Birthday	10 1:30 p.m. Outdoor Heavy Weapons Practice (weather permitting) 4:00 to 6:00 p.m. Indoor Archery at Ft. Belvoir
11	12	13 7 p.m. Cook's Guild	14 6 p.m. Indoor Heavy Weapons Practice 6 p.m. Indoor Rapier Practice	15 Ymir	16 Ymir	17 Ymir 1:30 p.m. Outdoor Heavy Weapons Practice (weather permitting) 4:00 to 6:00 p.m. Indoor Archery at Ft. Belvoir
18	19 President's Day (holiday)	20 7:00 p.m. Sewing Circle	21 6 p.m. Indoor Heavy Weapons Practice 6 p.m. Indoor Rapier Practice	22	23 Tournament of Love & Beauty (Ponte Alto)	24 1:30 p.m. Outdoor Heavy Weapons Practice 6 p.m. Baronial Business Meeting
25 6:30 p.m. A&S and Scribal Night	26	27	28 6 p.m. Indoor Heavy Weapons Practice 6 p.m. Indoor Rapier Practice			



Weekly Events

- Sunday**
Ponte Alto
Baronial
Business
Meeting
- Fourth Sunday of the month at 6:00 p.m. at St. Paul's Lutheran Church, 7426 Idylwood Rd, Falls Church.
Directions: Take your best route to I-66. Get off at the exit for Route 7 West (Tysons Corner). Turn left at the first light after the interchange onto Idylwood Rd. Go ¼ mile; the church is up the hill on the right.
- Outdoor Heavy
Weapons and
Rapier
Practice
- Weather permitting, 1:30 to 4:00 p.m., outdoors at Tysons-Pimmit Park, behind TysonsPimmit Library, Falls Church. Please contact the Baronial Knight Marshal for more information.
- Outdoor
Archery
Practice
- Meets some Sundays 3:00 to 5:00 p.m. at Ft. Belvoir's Archery Range. Contact Baronial Archery Marshal or check the Barony's Facebook page for dates and times. The Archery Marshal can give you directions to the range.
- Monday**
Alle Psallite
(Vocal Music)
- Currently on hiatus. Please contact Mistress Anne of Carthew (anne AT ravenstreet.org) for more information.
Music files can be found at: http://www.ravenstreet.org/music/alle_psallite.php and on the Yahoo Group AllePsallite.
- Ponte Alto/
Stierbach
Archery
Practice
- 5:00 to 7:00 p.m. during Daylight Savings Time. The outdoor practice site is at Grimmsfield, 16132 Crusade Ct., Haymarket, VA 20169. Practices are held jointly with Stierbach. You may contact the Baronial Archery Marshal for carpool or other information.
- Wednesday**
Sewing Circle
- Every Wednesday at 7:00 p.m., alternating between Arlington and Reston. For details and to learn where the next meeting will be hosted, please join the Ponte Alto Sewing Circle Facebook Group, or you may email Lady Elisande at traumspindel AT gmail.com. Fitting questions, research issues and sewing projects are all welcome!
- Thursday**
Indoor Rapier
Practice*
- Every Thursday at Shreveewood Elementary School from 6:00 to 9:00 p.m. Please use the rear entrance to the cafeteria. Please contact the Baronial Rapier Marshal for more information. This is a school activity.*
- Indoor Heavy
Weapons
Practice*
- Haycock Elementary School at the corner of Haycock Road and Westmoreland Street in Falls Church from 6:00 to 9:00 p.m. Practice is geared to developing the beginning and intermediate fighters through intensive hands-on training with experienced instructors, as well as to provide ample opportunity for more advanced fighters to spar with knight-level combatants. All are welcome. Contact the Baronial Knight Marshal for more information. This is a school activity.*
- Friday**
Newcomers
Meetings
- Once a month, Newcomers Meetings occur from 7:00 to 9:00 p.m. at the home of various members of the Barony. Contact the Baronial Chatelaine or check the Facebook page for the date and host's address.

***= Note on school locations for activities:**

There will be no activities at schools during school holidays or on other days when Fairfax County schools are closed or all nighttime school recreational activities are cancelled. Notification of cancellation or alternate site location will be posted on the website as soon as possible. You can visit the Fairfax County Public Schools Emergency Announcement page for school closure status at <http://fcps.edu/news/emerg.htm>



Il Tempo Submissions

Everyone is encouraged to consider contributing to *Il Tempo*.

Il Tempo is a publication of the Barony of Ponte Alto, of the Society for Creative Anachronism (SCA), Inc. Please send submissions to:

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7731 Carleigh Parkway
Springfield, VA 22152
ladycahir96@yahoo.com or
Chronicler@PonteAlto.Atlantia.SCA.org

Please, remember that all submissions for *Il Tempo* must be accompanied by an SCA release form. Below are the links to the necessary forms. The first link leads you to the Society Chronicler's links for forms. The last three links are for the forms that can be submitted online via Internet Form Fills.

Society Chronicler forms

[http://www.sca.org/docs/library.html#release forms](http://www.sca.org/docs/library.html#release%20forms)

Release form for **writing or artwork**:

<http://www.sca.org/docs/pdf/ReleaseCreativeFillable.pdf>

Release form for **photographs**:

<http://www.sca.org/docs/pdf/ReleasePhotographerFillable.pdf>

Release form for **models** (the subject of your artwork or photograph):

<http://www.sca.org/docs/pdf/ReleaseModelFillable.pdf>